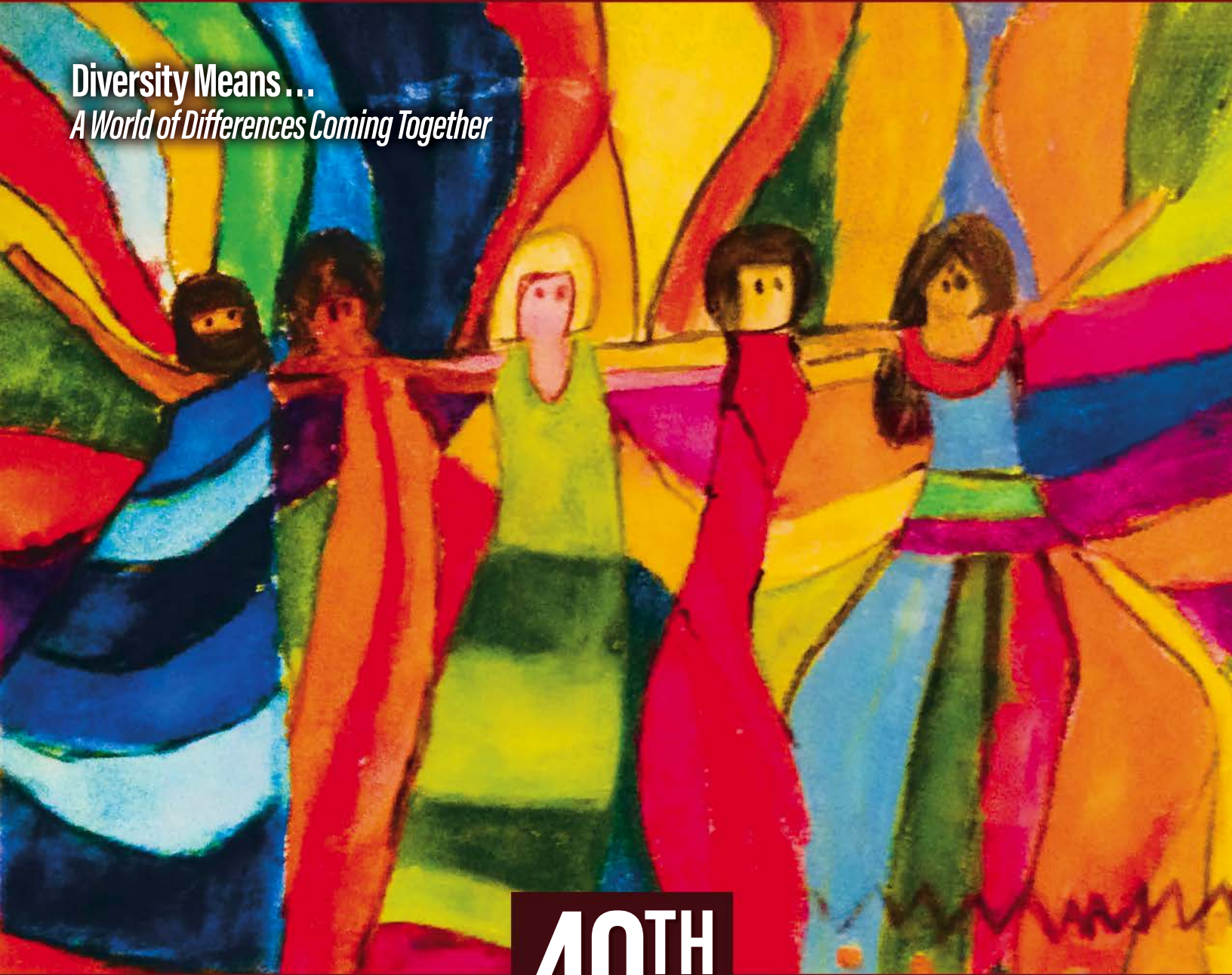




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40TH

Annual Meeting

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The ONWARDS 11 study is currently recruiting volunteers. For more information, please contact:

Jeanne Hejna

Study Coordinator

716.535.1850

jeannehe@buffalo.edu

ONWARDS

ONWARDS is a global programme of clinical studies to investigate how well insulin icodec (a new, investigational long-acting insulin taken once weekly), controls blood sugar in people with diabetes. Once-weekly insulin icodec will be compared with insulins taken once daily, which are already available on the market.

As part of the programme, this study will look at how well insulin icodec taken once weekly and insulin glargine U100 taken once daily control blood sugar in combination with insulin aspart, in adults with type 1 diabetes over a period of about 8.5 months.

You may qualify for this study if you are an adult with type 1 diabetes who has received insulin treatment.

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40th Annual AAPA Annual PROGRAM & ANNUAL MEETING

**COCKTAILS AND
HORS D'OEUVRES**

6:00 – 7:00

WELCOME

7:00

» Dr. Sai Yendamuri &
Dr. Ajay Chaudhuri

**RECOGNITION OF OUR PAST PRESIDENT –
RAJITHA MALLELA, MD**

7:10

» YELLAMRAJU KUMAR, MD

**PRESIDENT'S ADDRESS & INTRODUCTION OF
THE AAPA EXECUTIVE COMMITTEE**

7:15

» YELLAMRAJU KUMAR, MD

**SPECIAL RECOGNITION – PHYSICIAN OF THE YEAR
& additional Physician Recognitions**

7:20

» Ramesh Luther, MD

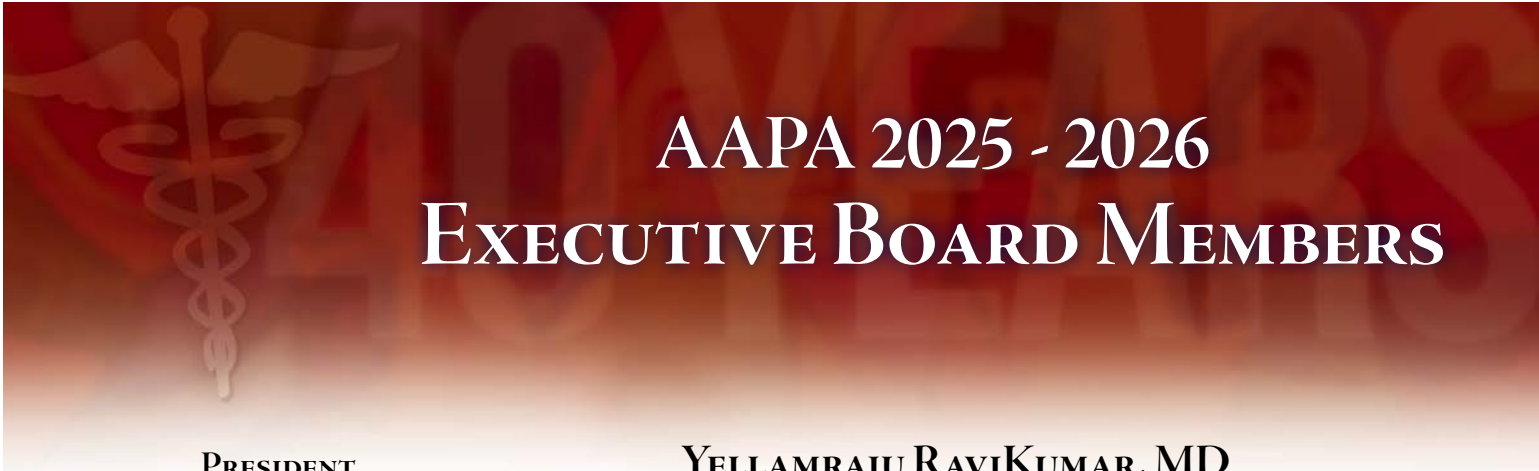
DINNER

7:30 – 8:30

(no open bar during dinner)

**CULTURAL EVENT &
OPEN DANCE FLOOR**

8:30 – 11:00



AAPA 2025 - 2026 EXECUTIVE BOARD MEMBERS

PRESIDENT

YELLAMRAJU RAVIKUMAR, MD

SECRETARY

SUNITA CHADA, MD

TREASURER

VENKATA JUPUDY, MD

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SHIPRA SIMLOTE, MD

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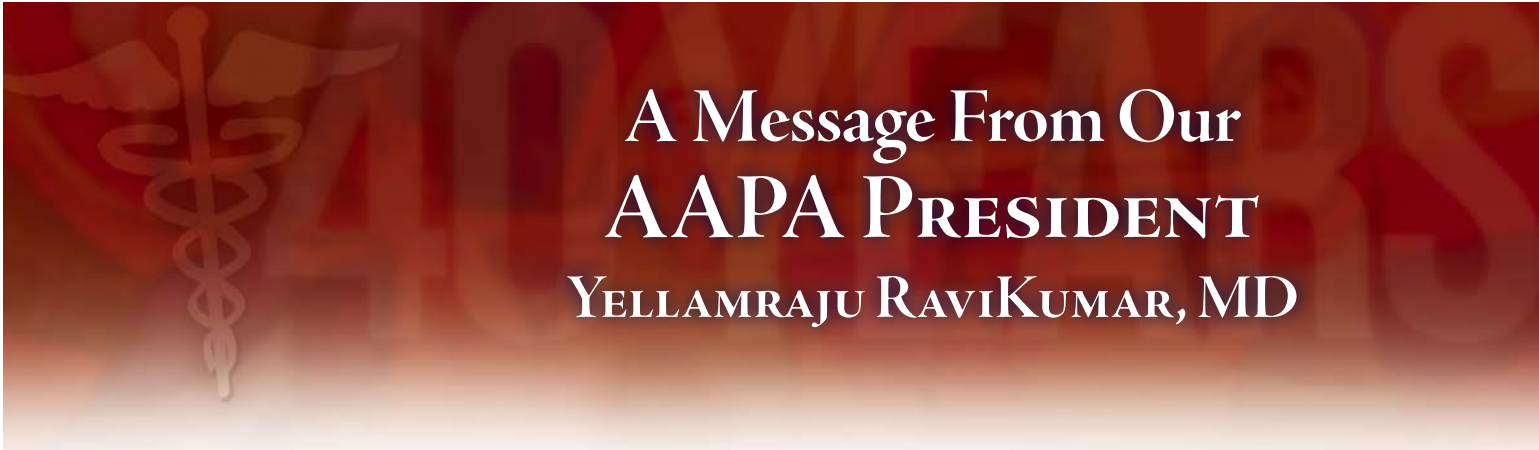
MANDEEP BRAR, MD

RESEARCH

AJAY CHAUDHURI, MD

MEDICAL EDUCATION

**SHASHI LALL, MD
VISHALA NEPPALI, MD**



A Message From Our AAPA PRESIDENT YELLAMRAJU RAVIKUMAR, MD

Dear Colleagues and Friends,

As we commemorate our organization's 40th anniversary, I would like to express my sincere appreciation for the dedication, professionalism, and compassion demonstrated by our team. This yearbook showcases our collective achievements, ongoing research endeavors, community engagement initiatives, and the enduring relationships established through our commitment to exemplary patient care and medical excellence. Over the past three to four years, our group has contributed more than \$70,000 to various local organizations and provided adaptive wheelchairs for disabled athletes at Greater Buffalo Adaptive Sports. Membership numbers, which declined during the COVID-19 pandemic, are now rebounding.

AAPA remains an active participant within the community. This summer, we attended the community health fair hosted by NY Senator Sean Ryan and Assemblywoman Karen McMahon at the Amherst Senior Center. Additionally, our annual golf tournament offered valuable opportunities for networking and strengthening fellowship among members. I extend special appreciation to Dr. Ajay Chaudhuri and Fox Valley for their outstanding efforts in ensuring the event's success.



My sincere gratitude goes out to our board members and all who have shared their leadership and expertise this year; your guidance continues to raise our association's profile and impact. I am also thankful for my executive team: Dr. Sunita Chadha, Dr. Monica Luthra, Mrs. Bushra Iqbal, Dr. Iqbal, Dr. Bhuvana Ramkumar, Dr. Lall, Dr. Vishala Nepalli, Dr. Sameer Mamnoon, Dr. Rajitha Mallela, Dr. Jupudy, Dr. Ram Ratnakaram, Dr. Shipra Simlote, and Dr. Ajay Chaudhuri.

Looking forward, I am pleased to announce upcoming exclusive member benefits designed to support physicians at every stage of their careers. These initiatives will encompass expanded legal and health insurance options, access to legal consultation, bulk purchasing programs for office supplies, enhanced CME travel opportunities, preferred vaccine procurement arrangements, and additional resources to facilitate daily practice. By fostering innovation, embracing diversity, and promoting mentorship, we remain committed to advancing care standards and making meaningful contributions to our community. Let us celebrate both our accomplishments and our continued pursuit of professional growth, united in shaping a brighter future together.

This year, in keeping with our tradition of community service, AAPA is honored to contribute over \$8,000 to GBAS, Feed More WNY, Buffalo City Mission, and Akshaya Patra.

As we move forward, let us continue to support one another, nurture the growth of developing physicians, and dedicate ourselves to the advancement of medicine and service to our community.

With best Regards,
Dr. Yellamraju RaviKumar, MD
President, Asian American Physician Association

AAPA 2025

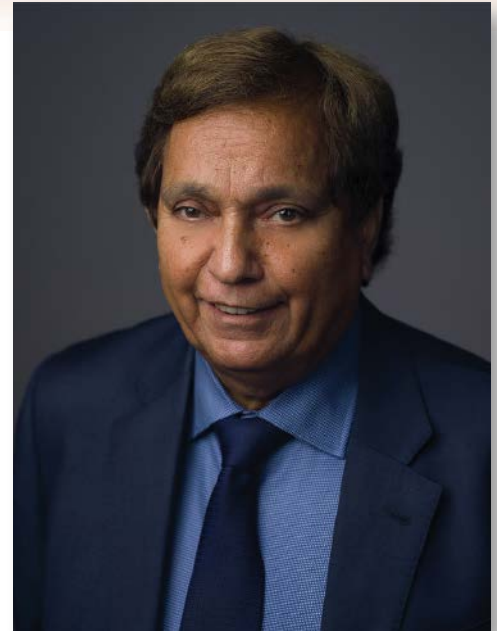
PHYSICIAN OF THE YEAR

RAMESH LUTHER, MD

Dr. Ramesh Luther

We are pleased to announce that Dr. Ramesh Luther has been selected as the Physician of the Year, an acknowledgment of his unwavering dedication to patient care, exemplary leadership, and substantial contributions to medicine throughout Western New York and beyond. Dr. Luther's distinguished career is marked by international expertise and a steadfast commitment to lifelong learning, enriching patients, colleagues, and healthcare institutions across the region.

Dr. Luther began his medical education in New Delhi, India, earning both his M.B.B.S. and M.D. from H.P. Medical College, Simla, in 1973. He held several pivotal roles in the United Kingdom between 1973 and 1979 before relocating to Buffalo, United States, for advanced training. He completed his Internal Medicine residency at Sisters of Charity Hospital from 1979 to 1982 and subsequently pursued a Gastroenterology fellowship at SUNY Buffalo, which he completed in 1985, marking the beginning of his distinguished tenure in the Buffalo medical community.



Since 1985, Dr. Luther has served as Clinical Assistant Professor of Medicine at SUNY Buffalo, making significant contributions to the education and mentorship of medical students and residents. His clinical expertise has benefitted leading institutions such as St. Joseph Hospital, Sisters of Charity Hospital, Kenmore Mercy Hospital, and South Buffalo Mercy Hospital. Demonstrating outstanding administrative capability, Dr. Luther has held positions including President of Digestive Health Physicians, P.C. (since 1993), Director of the Gastrointestinal Laboratory at St. Joseph Hospital (since 1988), and President of the Medical Staff at both St. Joseph Hospital (1995–1996) and Sisters of Charity Hospital (2012–2013). Additionally, he serves on the Catholic Health System's Acute Care Board and leads Quality Assurance Committees at multiple facilities.

Dr. Luther maintains board certifications in Internal Medicine (1983) and Gastroenterology (1985), and holds fellowships with the American College of Physicians (FACP), the American Gastroenterological Association (AGAF), and the American Society for Gastrointestinal Endoscopy (FASGE). He has contributed to published research and participated in influential clinical trials advancing therapies for ulcerative colitis, Crohn's disease, and related disorders.

In recognition of his remarkable career, continued commitment to patient welfare, dedication to medical education, and exemplary leadership, we are privileged to honor Dr. Ramesh Luther as Physician of the Year. He exemplifies the highest standards and values of the medical profession.

AAPA 2025 SPECIAL RECOGNITION PHYSICIAN ENTREPRENEUR SAI YENDAMURI, MD

Dr. Sai Yendamuri

Dr. Yendamuri serves as a Professor of Oncology and Chair of Thoracic Surgery at the Roswell Park Comprehensive Cancer Center (RPCCC).

He is a surgeon scientist with a busy practice in complex thoracic surgical oncology. Dr. Yendamuri is regionally and internationally known for his clinical expertise. He also serves as the Director of the Thoracic Surgery Research Laboratory at RPCCC. His research focuses on the role of obesity on lung cancer initiation and progression. Through this lens, his team explores the metabolic regulation of lung cancer initiation as well the corresponding immune response. This work has led to multiple clinical trials in lung cancer interception.

Dr. Yendamuri also investigates the use of photodynamic therapy to amplify the immune response to checkpoint inhibition in thoracic malignancies. In this area, he leads several clinical trials.

Dr. Yendamuri has been continuously funded by the NIH for over 12 years and has received grant support from DoD and several foundations. He has published 215 peer reviewed manuscripts and 7 book chapters. Dr. Yendamuri's research and clinical expertise is complemented by his administrative experience.

A proponent of improving health access to all, he relocated to India for several years and helped develop thoracic surgery capacity there. This experience amplified his enthusiasm for innovation in healthcare delivery.

He is a graduate of the MBA program for Executives (Major in Strategic Management) from the Wharton School of Business and serves as CEO of RPCI Oncology, P.C, the care network of RPCCC. He also serves as the Chief Strategy Officer and Senior Vice President of Business Development and Outreach at RPCCC.

This past year, Dr. Yendamuri has been inducted into the American Surgical Association, the most premier surgical society in the United States. He has also expanded the Roswell Park Care Network to Albany and has been awarded a Citation from our Governor, Kathy Hochul for his many accomplishments. He has recently been invited to join the Dean's Advisory Council for the UB School of Management.



AAPA PAST PRESIDENTS

1984-1985	IKRAM HAQUE, MD
1985-1986	SAGER LAGANATHAN, MD
1986-1987	SURESH GHATE, MD
1987-1988	SURESH SHARMA, MD
1988-1989	KANDALA K. CHARY, MD
1989-1990	ANAND R. HERLE, MD
1990-1991	TADLA BALIAH, MD
1991-1992	VENKATERAMAN BALU, MD
1992-1993	JAGDISH TRIVEDI, MD
1993-1994	RAMA GUNTUPALLI, MD
1994-1995	MOHAMAD RAZACK, MD
1995-1996	RAJENDRA RUSTGI, MD
1996-1997	NARESH K. JAIN, MD
1997-1998	KAILASH LALL, MD
1998-1999	PADMA RAO PERALA, MD
1999-2000	JAYAJUMARI GONA, MD
2000-2001	TARIQ MALIK, MD
2001-2002	SHASHIKANT LELE, MD
2002-2003	BHAVANSA PADMANABHA, MD
2003-2004	SANJIT BASAK, MD
2004-2005	LATA SHENOY, BDS, DDS
2005-2006	DALIP KHURANA, MD
2006-2008*	SHASHI 'MONA' LALL, MD
2008-2010*	FARUK KOREISHI, MD
2010-2011	TEJINDER KALRA, MD
2011-2012	VISHAL SHARMA, MD
2012-2013	RAJINDER BASRA, MD
2013-2014	NITA DIVAN, MD
2014-2015	RAMAN SOOD, MD
2015-2016	MANDEEP BRAR, MD, MBA
2016-2018*	SANJAY GUPTA, MD
2018-2019	PRASHANT PENDYALA, MD
2019-2020	BALWANT NAGRA, MD
2020-2022	RAMAKRISHNA RATNAKARAM, MD
2022-2023	BHUVANA RAMKUMAR, MD
2023-2024	AZHER IQBAL, MD
2024-2025	RAJITHA MALLELA, MD



AAPA 2025 LIFETIME ACHIEVEMENT AWARDS

*Celebrating the Careers and Accomplishments
of our Esteemed Colleagues*

Dr. Prama Luther

Dr. Ramesh Kohli

Dr. Pramod Luthra

Dr. Liveleen Gill

Dr. Ranjana Luthra

Dr. Tejinder Kalra

AAPA 2025 COMMUNITY SERVICE AWARD ALISHA LALL, MD

Dr. Alisha Lall's career is defined by her pioneering spirit and unwavering dedication to transforming healthcare in Buffalo. She brought lifestyle medicine to the community, fundamentally changing the approach to medical care. In 2018, she joined and later took over her mother's established private practice, rebranding it as Fare | Well Medical Practice in 2021. Her innovative vision led to the launch of Buffalo's first Lifestyle Medicine Primary Care Practice in January 2024, offering a unique blend of traditional primary care and health and wellness classes.

Dr. Lall's commitment to holistic care is evident through her various certifications, including a 200-hour yoga teacher certification with HEAL BFLO and a 35-hour prenatal yoga teacher certification with Devi Ma Yoga. She became a Physician Diplomat of the American Board of Lifestyle Medicine in December 2023, further establishing her expertise and commitment to lifestyle medicine. Additionally, she started Buffalo's first "Walk with a Doc" chapter, emphasizing the importance of accessible, community-centered health initiatives.

In March 2024, Dr. Lall was featured on the cover of Buffalo Healthy Living Magazine and participated in an in-depth interview, showcasing her impact and innovative approach to healthcare. She was also featured on Channel 4's Daytime Buffalo in May 2024 and again in August 2025, further highlighting her dedication and influence in lifestyle medicine. Dr. Lall's work is a true labor of love, reflecting immense courage and dedication to providing quality care that defines what it means to be a good doctor.

Dr. Lall is deeply embedded in the Buffalo community, constantly seeking ways to give back and support others. She is particularly proud of her role as a mentor to undergraduates and medical students, guiding them not only through the complexities of the healthcare world but also ensuring they care for themselves along the way. She has been a preceptor and mentor for 1st and 3rd year medical students at Jacobs School of Medicine and Biomedical Sciences since September 2019, providing hands-on training and invaluable insights.

Her involvement extends to organizing and participating in numerous community events. She has led vINNyasa Flow Karma Yoga Classes at Inn Buffalo off Elmwood for the last 3 summers, providing donation-led outdoor yoga classes for the community. Dr. Lall is also a member of the WNY PPC Psychedelic Practitioner Collaborative and co-hosted the first in-person gathering at Inn Buffalo. Through these activities, she promotes holistic wellness and fosters a sense of community.

Dr. Lall's numerous achievements and memberships highlight her dedication and influence in the field of healthcare. Her most recent and notable achievement is the successful launch of Buffalo's first Lifestyle Medicine Primary Care Practice.



continued on page 9

AAPA 2025 COMMUNITY SERVICE AWARD

ALISHA LALL, MD

continued from page 8



This groundbreaking endeavor marks a significant milestone in her career and represents a major advancement in the approach to healthcare in Western New York. Dr. Lall's medical practice was awarded the Lifestyle Medicine Rising Star award at the 2024 American College of Lifestyle Medicine Conference in Orlando, FL. Dr. Lall was honored to be awarded the Buffalo Business First 40 Under 40 award in November 2024.

Dr. Lall is an emerging speaker, having participated in events such as the University at Buffalo Association of PreMedical Students (APMS), guest lecturer for the Art of Medicine Course for 1st year medical students, and D'Youville Health Careers Opportunity Program for high school students in rural and medically underserved communities. She has spoken at the Food as Medicine Symposium with Buffalo Niagara Medical Campus (BNMC) for the last 2 years, and just this past weekend enjoyed cooking side-by-side with Buffalo's chef to the Bills, Darian Bryan, and was awarded the Lifestyle Medicine Leadership Award.

The evolution of her practice has been nothing short of inspiring—a true labor of love in every sense. Dr. Lall embodies the very essence of innovation, dedication, and compassion in healthcare. She has bravely confronted the limitations of the traditional healthcare model and has committed herself to providing the quality care her patients deserve—a care that truly defines what it means to be a remarkable doctor.

Dr. Lall's practice reflects her core values, attracting patients who share her vision of holistic wellness. She prioritizes lifestyle management and uses medication judiciously, fostering deep, trusting relationships built on respect and mutual understanding.

Her impact extends far beyond her practice into the broader community. Dr. Lall mentors the next generation of healthcare professionals, offering guidance through the complexities of the field while ensuring they prioritize their own well-being. Her extensive involvement in community initiatives—ranging from yoga classes to health expos—highlights her unwavering dedication to promoting holistic wellness in Buffalo.

She has brought lifestyle medicine to Buffalo, transforming the future of medical care and touching countless lives along the way. It is people like Dr. Alisha Lall who inspire hope and drive change, not only within our cherished community but also on a global scale. Her vision and dedication hold the potential for far-reaching impact, and we are fortunate to witness and participate in her transformative work.





AAPA MISSION STATEMENT

“Our mission is to promote excellence in healthcare by uniting physicians and fostering collaboration, education, research, and social engagement. We are dedicated to advancing medical knowledge, providing mentorship, and improving patient care for the betterment of our communities.”

Education

“We are committed to providing comprehensive and ongoing education to physicians, ensuring they have access to the latest advancements, best practices, and evidence-based medicine. Through workshops, conferences, webinars, and educational resources, we empower physicians to deliver high-quality care and stay at the forefront of medical knowledge.”

Research

“We strive to promote and support cutting-edge research within the medical community. By facilitating collaboration and providing resources, we aim to encourage physicians to engage in innovative research endeavors that advance medical science, enhance patient outcomes, and contribute to the body of medical knowledge.”

Social

“We recognize the importance of fostering a strong sense of community and social engagement among physicians. Through networking events, social gatherings, and online platforms, we provide opportunities for physicians to connect, share experiences, and build meaningful relationships. We believe that a supportive and inclusive community enhances physician well-being and ultimately leads to better patient care.”

Mentoring

“We are committed to nurturing the next generation of physicians by providing mentorship programs. Through these programs, experienced physicians offer guidance, support, and career advice to aspiring and early-career physicians. By fostering mentorship relationships, we aim to inspire and empower future generations of physicians to excel in their chosen specialties and make a positive impact on the healthcare landscape.”



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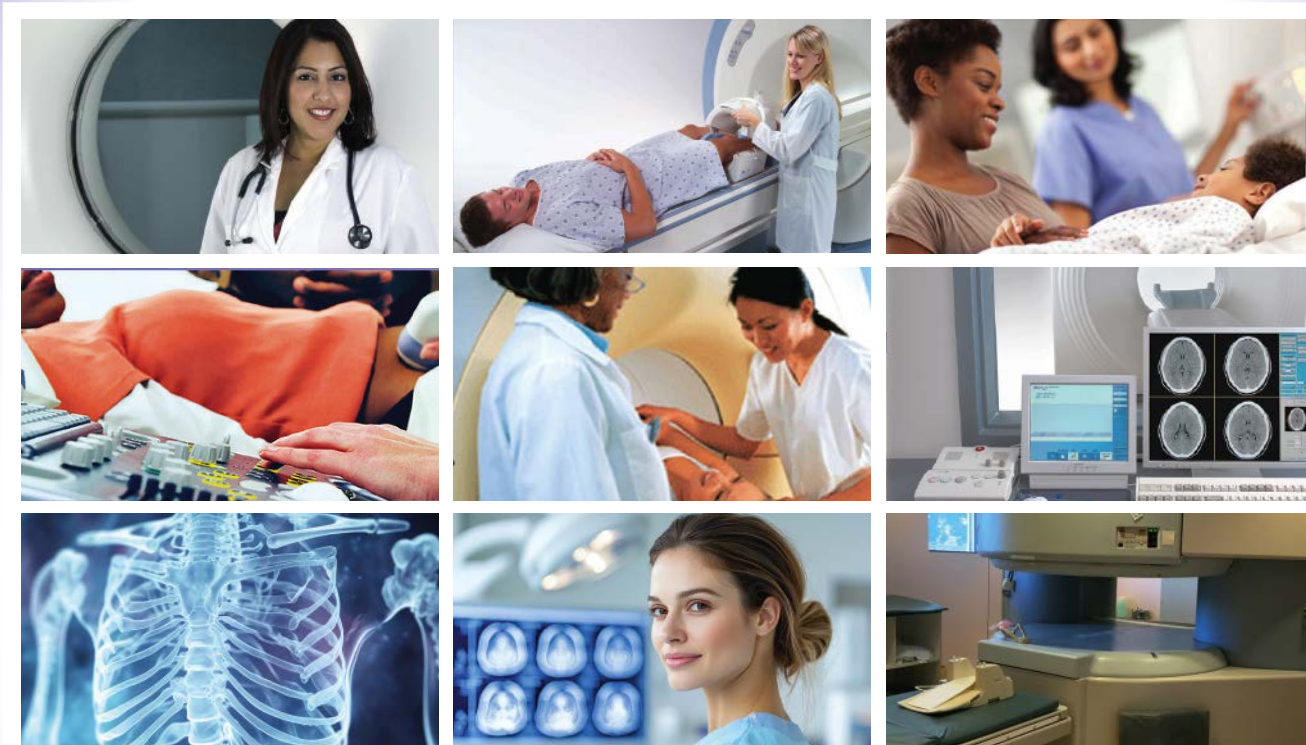


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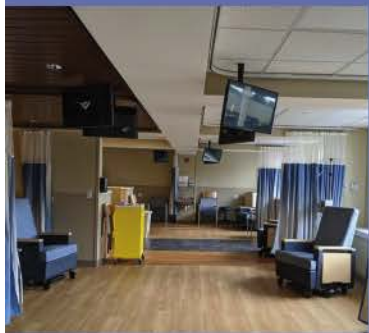
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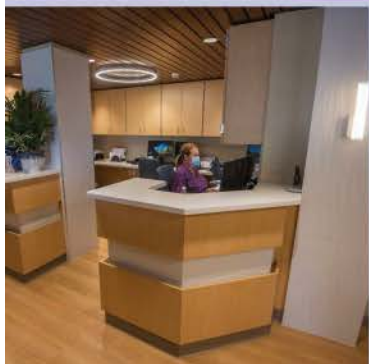
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*Dr. Ramkumar, Medical Director of the
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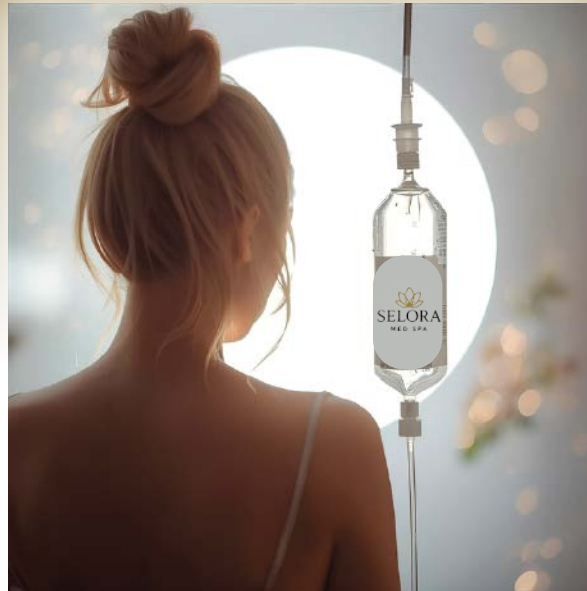


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DISTINGUISHED PHYSICIAN RECOGNITION

SANJAY SETHI, MD

Dr. Sanjay Sethi

On October 4, 2025 Sanjay Sethi, MD, began his new role to oversee the CTSI, as Director. Sethi, SUNY Distinguished Professor, Senior Associate Dean for Clinical and Translational Research, and Chief, Pulmonary, Critical Care and Sleep Medicine, Department of Medicine, Jacobs School of Medicine and Biomedical Sciences, is not new to the CTSI. He served since 2020 as Associate Director and since 2015 as the Director of the CTSI Clinical Research Facilitation Core concurrent with his position as Director of UB's Clinical Research Office.

An internationally recognized physician scientist and an active clinical investigator, Sethi has directed and participated in many multicenter clinical trials, including NIH and industry-funded trials on innovative therapies in chronic obstructive pulmonary disease. He has over 250 publications, has given invited lectures globally, has served on many Data and Safety Monitoring Boards for clinical trials and has been recognized as one of the top five physicians in COPD nationally (Expertscape). As Director of the Clinical Research Office, he has implemented process improvements that have markedly enhanced clinical research at UB and Buffalo Translational Consortium partners.



SUNY Distinguished Professor and inaugural CTSI director, Timothy F. Murphy, MD, notes, “Dr. Sethi brings a wealth of knowledge and expertise in clinical and translational science to his new role as Director of the CTSI. It has been a privilege to work closely with Sanjay for more than three decades in an enjoyable and enormously productive research collaboration and for 10 years in contributing to the CTSI. He has been instrumental in its successes. I look forward to watching the CTSI rise to greater heights under his leadership.”

“The CTSI is in an excellent place thanks to the tireless efforts of Dr. Murphy,” Sethi says. “I see it as my job to build on the last 10 years of success. I am excited about trying some of my ideas to enhance clinical and translational science in our consortium to benefit our community. However, at this stage I am listening and learning, and there is a lot to learn. Dr. Murphy and I always questioned established paradigms in our own medical research, and that has been our approach to clinical and translational research support and community involvement at UB.”

With Sethi's move to Director, Daniel Woo, MD, MS, Professor and Irvin and Rosemary Smith Endowed Chair of Neurology, Jacobs School, an accomplished clinical and translational researcher in stroke and intracranial hemorrhage, will become CTSI Associate Director.

The news of the appointments of Sethi and Woo was shared by UB's Office of the Vice President of Health Sciences on October 15.

“Dr. Sethi and Dr. Woo bring exceptional expertise and vision to CTSI leadership,” says Allison Brashear, MD, MBA, Vice President for Health Sciences and Dean of the Jacobs School. “Their appointments build on Dr. Murphy's remarkable legacy and position UB to further advance research that improves lives.”

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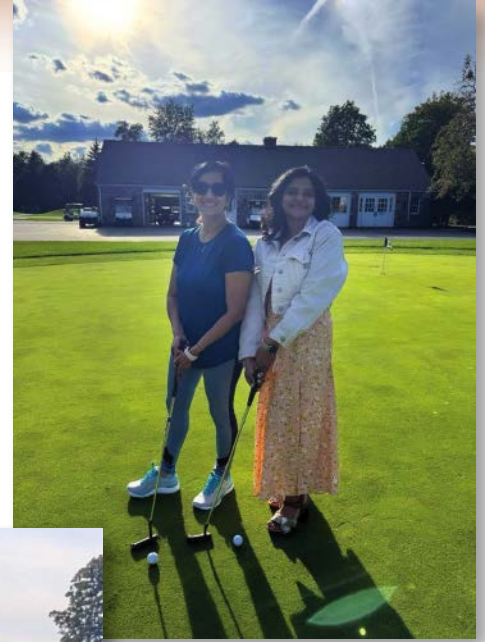
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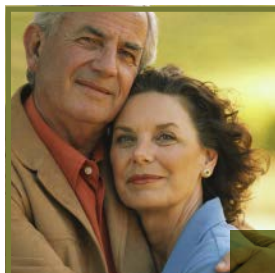
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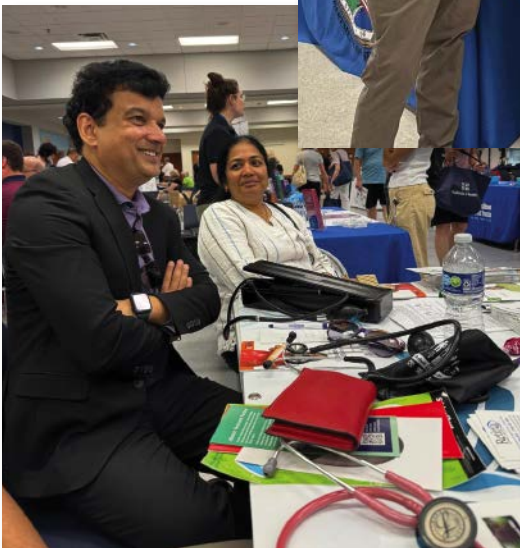
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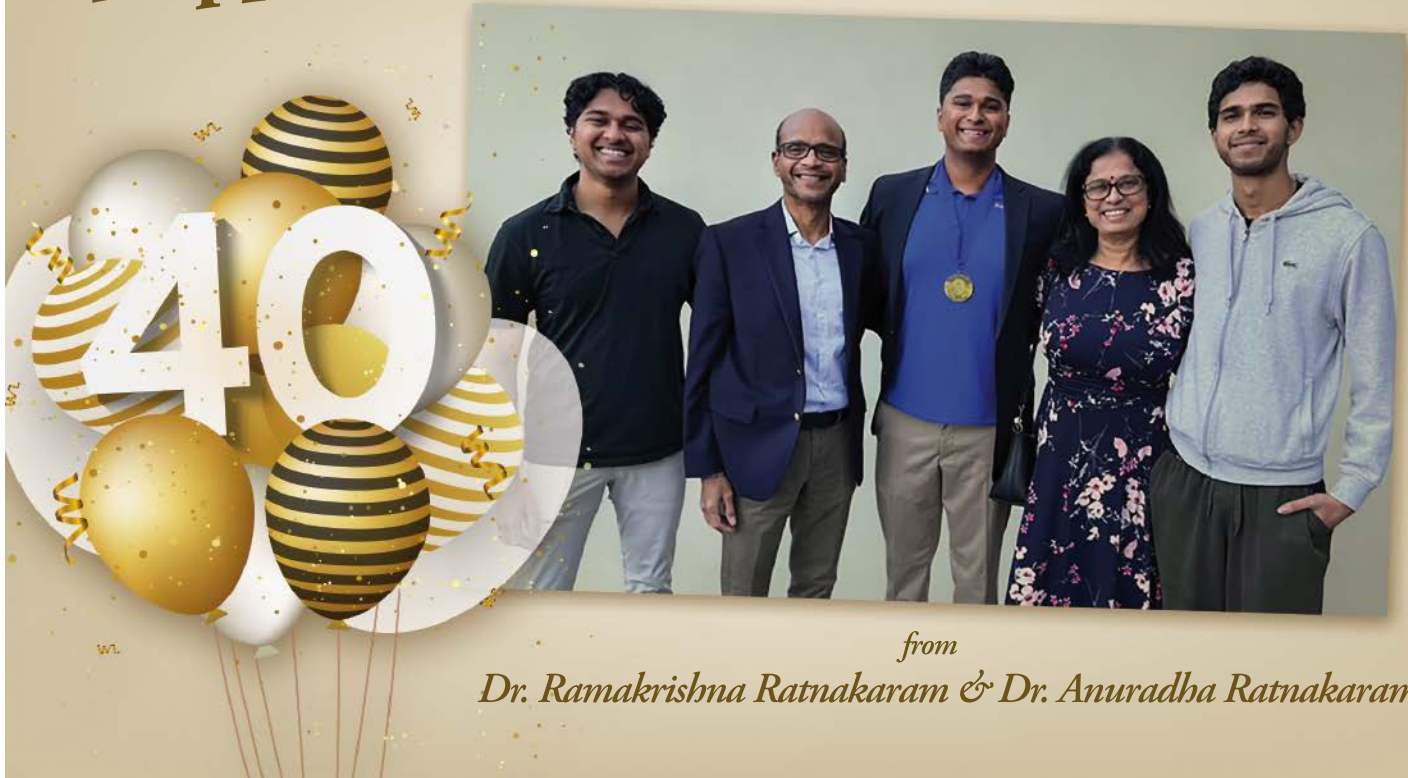


2025 AAPA GENERAL BODY MEETING



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Meeting Photos?

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The logo for AAPA's 40th anniversary is positioned at the top left. It features a stylized caduceus (a staff with two snakes entwined and wings at the top) in a light gold color. To the right of the caduceus, the words "40 YEARS" are written in a large, bold, serif font, with the "40" being significantly larger than the "YEARS". The entire logo is set against a dark red background that has a subtle gradient and a faint, larger-scale pattern.

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JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 NEW YEAR'S DAY	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 MARTIN LUTHER KING, JR. DAY	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14 VALENTINE'S DAY
15	16 PRESIDENT'S DAY	17 MARDIS GRAS	18	19	20	21
22	23	24	25	26	27	28

MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 DAYLIGHT SAVINGS STARTS	9	10	11	12	13	14
15	16	17 ST. PATRICK'S DAY	18	19	20	21
22	23	24	25	26	27	28
29	30	31	NOTE: AAPA GENERAL BODY MEETING » MARCH DATE TO BE DETERMINED			

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 PASSOVER	2	3	4
5 EASTER	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10 MOTHER'S DAY	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 MEMORIAL DAY	26	27	28	29	30
31						

JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 JUNETEENTH	20
21 FATHER'S DAY	22	23	24	25	26	27
28	29	30				

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 INDEPENDENCE DAY
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 AAPA CRUISE
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 LABOR DAY	8	9	10	11 ROSH HASHANA	12
13	14	15	16	17	18	19
20 YOM KIPPUR	21	22	23	24	25	26
27	28	29	30			

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 COLUMBUS DAY	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 HALLOWEEN

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DAYLIGHT SAVINGS ENDS	2	3	4	5	6	7
8	9	10	11 VETERAN'S DAY	12	13	14 AAPA 41st ANNUAL MEETING
15	16	17	18	19	20	21
22	23	24	25	26 THANKSGIVING	27	28
29	30					

DECEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 CHANUKAH BEGINS	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 CHRISTMAS DAY	26
27	28	29	30	31 NEW YEAR'S EVE		



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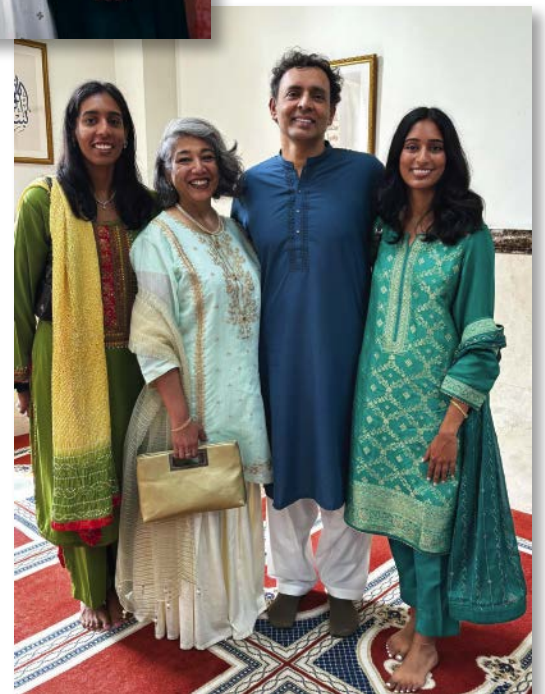
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